

If you receive a general anaesthetic or I.V. sedation

DO NOT work with any electrical or mechanical devices for 24 hours

DO NOT drive for 24 hours after surgery\*

DO NOT take tranquilizers or sleeping pills for 24 hours after surgery

DO NOT drink alcoholic beverages for 24 hours after surgery

DO NOT make important decisions or sign important documents for 24 hours after surgery

\*You will not be permitted to drive your car home because of the effects of the anaesthetic or I.V. sedation. You are considered legally impaired for 24 hours after receiving a general anaesthetic or I.V. sedation

**PARKING**

Parkade parking is available on the east side of the BC Cancer Agency Building, at the corner of Ash St. and 10<sup>th</sup> Ave.

Short term pay parking for patient pickup is available in front of the Main Floor entrance on 10<sup>th</sup> Ave.

Driver must escort patient from Surgical Daycare Unit to their vehicle.

**BCCA Surgical Daycare**



**BC Cancer Agency**

CARE + RESEARCH

**Preoperative Instructions**

Surgical Daycare 2<sup>nd</sup> floor  
600 10<sup>th</sup> Ave West  
Vancouver, BC V5Z 4E6  
(604)877-6000 ext. 2433



## **SCHEDULING OF YOUR PROCEDURE**

Your Surgeon's office will inform you of the date and time of your procedure.

You will be admitted to Surgical Daycare

Hours of operation **Monday – Friday 7AM – 4:30PM**

### **PRE-ADMISSION**

Please follow all instructions carefully to avoid cancellation of your surgery.

### **FASTING**

**NO food or drinks (including water, chewing gum or candy)** after midnight the night before your surgery.

### **MEDICATIONS**

If you take medications please consult with your doctor about taking them on the day of surgery. (It is generally recommended that you take your medication with a sip of water-especially blood pressure and heart medications).

Patients on blood thinners: Please consult with your Dr. / Surgeon's office.

**DO NOT** take diabetic pills.

Insulin users: Please consult with your Dr. / Surgeon's office.

Attention Diabetics: If you feel your sugar level is too low you may take sugar-containing clear fluids or suck on a sugar cube.

### **RIDE**

You **MUST** have a responsible person to accompany you home after surgery and be available to care for you at home overnight. You are **NOT** permitted to leave by public transportation or to walk home by yourself. **OTHERWISE, YOUR SURGERY WILL BE CANCELLED.**

If you have a cold or temperature the day before surgery, please report it to your Surgeon.

## **THE DAY OF YOUR SURGERY**

We ask you to arrive 1 hour before your procedure in order to prepare you for your surgery. Your Surgeon's office will tell you the arrival time.

**When you arrive please report to the Admitting Desk 1<sup>st</sup> floor at BC Cancer Agency. (Opens at 7AM)**

Have a bath or shower the day prior or morning of your procedure.

Remove nail polish. **DO NOT** apply any make-up. It is necessary to see the natural color of your skin and nailbeds while you are under any anesthetic.

Take off any jewelry and leave valuables at home.

The hospital is not responsible for lost, stolen or damaged valuables or personal belongings.

Wear glasses instead of contact lenses or be prepared to remove your contacts.

Bring all medications and dosages you are presently taking.

Also, bring a list of identified allergies.

Wear loose and comfortable clothing e.g.) jogging suit that will fit comfortably over a bandage or swelling. You will be provided with a hospital gown/housecoat.

Bring your BC Care Card

### **FOLLOWING THE SURGERY**

You will be provided with discharge instructions

Please read and follow these instructions to aid your recovery.

You may be given prescriptions to be filled after the surgery. These may be filled at any local pharmacy.