**Dr. Trevor D. Hamilton, Inc.**

MD FRCSC

Surgical Oncology & General Surgery

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 Gordon and Leslie Diamond Centre

 5th Floor-2775 Laurel St.

 Vancouver, BC, V5Z 1M9

  **Office: (604) 875-5770/5880**

 Fax: (604) 875-4315

**GASTROSCOPY INSTRUCTIONS**

The office will contact you with a confirmed date for your procedure. You will need to arrive at the Hospital Admitting Desk one hour before your procedure. You will then be directed to the GE Clinic.

You may be given sedation to make you sleepy and relaxed. **You will not be allowed to drive for 24 hours following the procedure. You will not be allowed to take any form of public transportation. You must arrange for a responsible person to accompany you home to avoid cancellation of your procedure.**

Do not take aspirin or any non-steroidal anti-inflammatories for 1 week prior to your procedure. Examples of non-steroidal anti-inflammatories include Ibuprofen, Voltaren, Naprosyn, Advil, Arthrotec etc. These medications act as blood thinners and need to be discontinued to prevent bleeding. **Tylenol is OK to take.**

If you are on Coumadin, Ticlid or Plavix, follow your Doctors instructions regarding these medications.

You are not to discontinue Steroidal medications. Examples of steroidal medications include Prednisone and Cortisone.

**Clear fluids after midnight and nothing for 4 hours before arrival time. This includes water.**

If you have any questions or concerns, please contact Rosanne at (604) 875-5770

Appointment date and time \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Location: UBC Hospital-2211 Wesbrook Mall, Vancouver (GE Clinic) Phone: (604) 822-7665

**OR**

VGH-Jim Pattison Pavillion 899 West 12th Ave (GE Clinic) Phone: (604) 875-4155